



Fall Newsletter



Special points of interest:

- Welcome new Executive Director, and new Akwego worker.
- Pay Equity
- Up coming events calendar
- New Ontario works case manager.
- Job openings

Inside this issue:

LGBTQ Pride 2

CAPC/CPNP 2

Back to School 2

Upcoming events 3

Apatisiwin 3

Akwego News 3

Homelessness 4



Issue 3

August 2017

Message from the Board of Directors

Hello everyone!

This is my first newsletter contribution as newly elected Board of Directors President and I must say I am very thankful for this opportunity to chair the Board. I want to thank the previous Board of Directors who have served their terms and moved on: Victor Laverdure & Shelley McKenzie. We appreciate all the hard work you did for the Board! A big welcome to our new Board Members- Ken Bray and Trevor Osmond, we are excited to have you share in the experience of the RLIFC and welcome your knowledge to the Board! The Executive Committee

has been working hard on preparing to hire a new Executive Director and are anticipating to be completed by month's end. That being said, we are sad to see Donald Copence leaving the Centre. Donald- you have shared your knowledge, skills, and have managed our Centre very well over the last four years. Miigwetch & we all wish you the best on your future endeavors. Over the next few months, the Board will be working on ensuring policies and procedures are up to date, strategic planning, orientation of the new ED, and most importantly - getting to know the staff of the

RLIFC better- stay tuned! Our staff are our most valuable asset, so miigwetch everyone for all your hard work! Enjoy the rest of your summer!

Jeannette Dupasquier

RLIFC President, Board of Directors



Pay Equity

As a result of a pay equity maintenance review, it has been determined that contrary to the Pay Equity Act, pay equity was not appropriately maintained for some positions. If you were employed by the Red Lake Indian Friendship Centre between April 1, 1994 to March 31, 2017 we need to hear from you. Please be prepared to confirm your identity, the period you were employed, the position you filled, your correct address and current contact information. You will also be required to provide your SIN and date of birth. This information is required to determine any retro pay that may be owed to you. Contact: Monique Tougas 807-727-2847 ext. # 233 Toll Free: 1-877-886-8988 or by email: operations@rlifc.ca



Art work created by Red lake's very own artist, Patrick Hunter.

Red Lake's First Ever LGBTQ Pride Day!

What a success! Congratulations to all the RLIFC staff and youth who ran the event. July 28th– 29th marked the first ever LGBTQ2 Spirit celebration in the Red Lake Area. There were many in attendance including guest speakers, Mayor Phil Venet, Ma-Nee Chacaby author and actress. As well as activist

and educator Teddy Syrette. Celebrations started with a meet and greet/fish fry at site 2 July 28th. Followed by July 29th, Opening ceremony and Pride walk at Centennial Park. Celebrations moved to Keesic beach where a number of fun activities were shared by all. Many enjoyed live performance by the Three

Pitches, face painting, paddle boarding, Rainbow the Clown, Various games, and art activities/workshops with Rhonda Beckman & Patrick Hunter. Including rock painting, where participants created their own sparkly rocks to leave at Centennial Park. Congratulations to all, it was a great turnout.

Staff Changes:

With a farewell and good luck on your future endeavors' we say see you again! Brooke Moncrief our previous Urban Aboriginal Healthy Living Coordinator.

CapC/CPNP News

CapC News– This fall CapC plans on having swimming lessons for children 3-4 years old. If you are interested in entering your child/ren contact: Christine Tougas 807-727-3000 Ext: 30 Also for parents who are interested CapC will have

a lunch and learn type program running in September if you are interested talk to Christine T.

CPNP, Firefly and other members of the reproductive Health Network will be having a infant loss and awareness luncheon at the friendship Centre in

October. Date to be determined. If you are interested in joining and want to know more information regarding the luncheon you can contact Keerie Kobelka at phone #

727-3000 Ext: 23

Email: prenatal@rlifc.ca



Back to school: Have you enrolled your child in school?

This coming school year starts August 29th. Summer is at a close, all the parents I am sure are excited, maybe even more so than all the students. Now that the countdown has begun, we hope that all the back to school necessities have been purchased. If you need some

assistance contact your child's program coordinator either Karly McDonald (WasaNabin), Christine Frenette Akwego High Risk, or Amanda Sayers Akwego support workers. As back to school shopping was scheduled for August 18-19th, 2017 with Diane

Bennett AHBHC, it is possible that extra supplies may have been purchased. And if you are missing something your child's program coordinator may help. With that in mind, hopeful for a great 2017-2018 school year.

GO kids Go!

Up Coming event's

September 1/2 FAIR!

Sept 9-FASD Awareness Day BreakFASD TBA

Sept 11-Life Long Care + AHWS Canning tomatoes

Sept 18-19 Drive Test Ontario @ R.L Legion.

Sept 21-Court Day

Sept 21 World Alz-

heimer's Day, Lunch and Learn.

Sept 26: Youth Career Fair @R.L. Legion

Oct 3 Potluck style Fall Feast @ Site 1.

Oct 4 Red Dress Project for Murdered/Missing Aboriginal Woman/ children. AHWS*

Oct 31 Halloween RLIFC party TBA

Healthy Kids Program, will be starting up swimming lessons, if your child(ren) are interested in learning to swim contact Coordinator Larrenda Neekan to sign up. 807-727-2847 Ext: 230

Email: kids@rlifc.ca



Healthy Kids
...for life!

Apatisiwin Employment

Cover letters– It's a letter of introduction that highlights your key accomplishments and fit for a job opening. A cover letter adds focus to your resume. Few employers seriously consider a resume that is not accompanied by a cover letter:

your cover letter needs to be part of your job search strategy. Each letter must be tailored to each job. If you would like help with your job search, and writing your own cover letter to let your potential employer know the position you're seeking and ex-

actly how you are qualified for that position. Contact our Apatisiwin Employment Counselor.

Angela Sinclair

727-2847 Ext: 223

Email: careers@rlifc.ca



Staff Changes:

Welcome to the RLIFC, Amanda Sayers of Sault Ste. Marie who will be our new Akwe'go At Risk Program Coordinator.

Akwego News

Akwego programs will be starting "Kids in the Kitchen" for clients on Sept 14th. With school starting, the "Homework Club" is scheduled for Monday's and Wednesday's from 3:00-5:00 P.M. The "Beaver and the Kitts: club will resume Sept 16th, if any youth

aged 13 to 18 years of age are looking at making a difference in kids lives and in need of community hours, we are recruiting for beavers.

If you would like to sign your child up for Akwego Programs please contact our Akwego/Akwego High Risk Coordinators.

Amanda Sayers

727-3000 Ext: 33

Email: akwego@rlifc.ca

Christine Frenette

727-3000 Ext:22

Email:

akwegosupport@rlifc.ca



Red Lake Indian Friendship Centre

Business Address
Site One: 1 Legion Rd.
P.O. Box 244 Red Lake On,
P0V-2M0
Site Two: 114 Forestry Rd.

Phone: 807-727-2847
Fax: 807-727-3253
Site 2: 807-3790
E-mail: friends@rlifc.ca

We Are On the Web!

www.rlifc.ca

Mission Statement:

To ensure that a community directed organization is working to improve the quality of life for Red Lake's First peoples & their descendant's by promoting traditional values such as unity, sharing, respect, honesty, caring, and spirituality through social, recreational, and cultural activities.

WANTED:

RED DRESSES

Contact: Mollie Isaac
727-2847

Email: healing@rlifc.ca

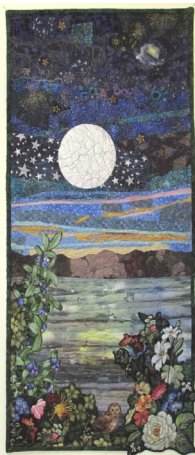
Regarding November event
Aboriginal "Missing murdered
woman/children"



"Serving Red Lake's First Peoples since 1971"

The friendship centre provides services to the Red Lake community and it's clients. It can be compared to a bridge, as it bridges a gap between two cultures between rural settings and an urban one. The friendship centre helps people cope with moving into an urban town, through services provided. There are a variety of services offered such as counseling and referral, social and recreational, cultural awareness, and community development assistance with housing, social assistance, job searches, court work, schooling, health matters, children's programming. Many native people in our growing communities struggle with adjustment, that is where the friendship centre comes to meet this need and require the support of the community, so together we can benefit from this tremendous service for all of Red Lake and its peoples.

Hall Rental: RLIFC has two sites and two halls that can be rented for special occasions. For more information please call the secretary at 727-2847 or email: friends@rlifc.ca



August "Miini-giizis"

Thimble berry moon-The eighth moon of creation is the Thimbleberry moon when we honor the thimbleberry which produces an abundance of fruit once every three years. It was one of the first plants put on Mother Earth, and its purpose is to protect the Sacred Circle of Life by allowing us to recognize and understand the teachings that come from the Spirit World. -The Circle of Turtle Lodge.

Homelessness

The Homelessness Community Activator has started an Art Program every second Saturday. If you are interested in joining all are welcome. Contact: Keith Angeconeb

Food Bank days

Every Wednesday from
9:00 a.m- 12:00 p.m.
Please bring a bag.

Breakfast club to restart
in September, everyone is
welcome 8:30 a.m. Friday
mornings. Followed by 9-
12 Sewing with AHWS.

Ontario Works News:

Welcome New Case
Manager for Red Lake/
Ear falls areas!

Jennifer Dennis

If you need to sign up for
Ontario Works we can
help you sign online here
at the RLIFC. If you are
already a client and need
to contact the case man-
ager you can find her at
the Adult Ed. Mon-Fri
8:00 to 4:30 p.m.

Address: 232 Howey Street

Phone: 807-727-2312

Red Lake Indian Friend- ship Centre Job openings:

4 Positions available

Janitorial Position

Urban Aboriginal Healthy
Living Program Coordinator

Kizhaay Anishinaabe Niin (I
am a Kind Man) Coordina-
tor

Cultural Resource Coordina-
tor

Resumes can be forwarded
to or dropped off at RLIFC.

Monique Tougas

Email: operations@rlifc.ca